

# Farmers Almanac: Guide for Fast Plants Farmers

## Principles of Farming Practice

### Environmental Resources Needed for Farming

### Key Environmental Resources in Fast Plants Farming

1. When to plant
2. What is needed to start the crop? (seed germination)
3. As the seedlings grow, what environmental resources are needed in addition to soil, water and oxygen?
4. Challenges to maintaining a healthy crop

- when temperature is favorable

- viable, vigorous seed
- rain or irrigation water with good drainage
- good soil oxygen supply maintained by soil structure and tillage

- sunlight
- fresh air containing CO<sub>2</sub>
- mineral elements in the soil and added fertilizer

- know your growing crop
- read signs of stress or vulnerability
- water stress or drought
- inadequate light
- too much heat
- soil fungi
- insect infestation
- nutrient stress, deficiency
- nutrient excess, too much fertilizer
- chemical toxicity in soil or air
- reduced resources due to competition from members of existing crop plants or other (weed) species

- temperature ~ 20-24° C

- viable, vigorous seed
- capillary wicking of water reservoir
- well aerated root medium of peatlite and vermiculite

- continual or optimal levels of light from a fluorescent light bulb in a Plant Light House
- fresh air
- mineral nutrients dissolved in water and delivered hydroponically (e.g. 1/8X Peters Professional®)

- read and gain experience
- signs of stress or vulnerability
  - wilting
  - spindly plants, few flowers
  - spindly plants, male sterility (no pollen shed)
  - seedling death by decay, 'damping off'
  - aphids, thrips, chewing pests
  - stunted growth, lower leaf yellowing, accentuated purple color
  - excessively large leaves and stems
  - reduced growth, leaves yellowing
- growing area and/or soil volume inadequate, competition for nutrients from algae in nutrient solution in reservoir

## 5. Preparing for a good seed yield

- insure timely and adequate pollination of all flowers with compatible pollen
- provide a stress-free postpollination growing environment to favor strong embryo and seed development

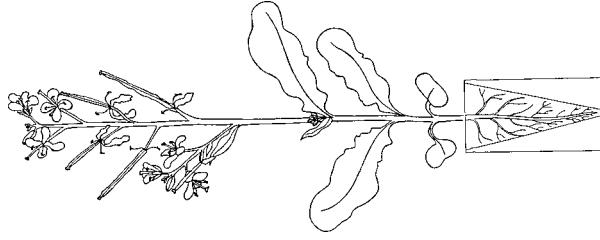
- interpollinate all unpollinated flowers every day or two using a beestick or other pollen transfer device
- provide adequate, but not excessive, nutrients and water
- provide adequate time under optimal conditions for full embryo and seed development (20-24<sup>o</sup> C); 20 days between last pollination and harvest is minimum for Fast Plants

## 6. Ensuring a successful seed harvest

- provide warm, dry air for seed ripening
- protect from seed loss (shattering)
- recover all seed
- separate healthy seed from shriveled, weak seed and dry plant debris
- package seed in clean, labeled container

- withhold water or cut off plants; if possible, place in warm (not hot) location until seed pods are crisp and shatter (shed seed) upon rubbing
- place cut plants in boxes or paper bags
- harvest seeds carefully, being sure not to lose any seed
- carefully pick, screen or blow seed to remove chaff and debris

## 7. Storage of seed crop



- place seed packages in cool, dry storage with protection from heat, moisture (high humidity), and seed pests (insects, microbes, rodents, birds)
- test seed quality, viability and vigor
- store in seed envelopes labeled with seed stock name or number and date. Indicate the number of plants intermated to produce the seed
- store seed envelopes in refrigerator in a moisture-proof jar, preferably with indicator silica gel drying compound
- germinate 20-50 seed sample on moist towel or filter paper and calculate germination percentage; describe vigor and germination uniformity
- put % germination and date of test on seed package



Please note that the Wisconsin Fast Plants website includes many information documents -WFPID's- which provide detailed information for teachers.